



Final Report on

Promoting Wellbeing of
Destitute Senior Citizens
of Mandan Deupur in
Kavre District

Submitted to : Walk for Nepal Dallas

Promoting Wellbeing of Destitute Senior Citizens of Mandan Deupur in Kavre District

The following report is prepared as a Final Report highlighting the activities, achievements, outcome and learning from the project. This document also includes the financial report and expenses

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About Reaping Hope

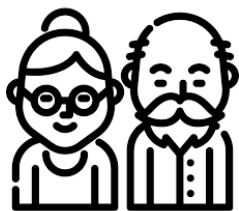
Reaping Hope (RH) is a non-governmental, non-partisan and not-for-profit organization, working to deliver better services in the areas of Livelihood, Education and Health in development as well as humanitarian contexts, mobilizing youth power, for the most vulnerable section of the society with particular focus on Women and Elderly. Since the Nepal Earthquake- 2015, RH has also been responding several emergency events as well as planning/implementing risk mitigation measures and long term recovery projects in Nepal. RH strives to mainstream Gender as cross-cutting issue in all its interventions.

Four Pillars of RH

Reaping Hope is guided by the following four pillars. Each and every activity Reaping Hope undertakes strives to achieve one or all of the following:

- I. Youth Mobilization
- II. Skill Transfer
- III. Empower
- IV. Gender Mainstream

Achievements of the Project



10 grandparents supported for 12 months



120 ration packages distributed



459 people reached through Eye Camp



29 successful cataract removal surgeries



1. About the Project

Kavre district is one of the 14 most earthquake affected areas and Mandan Deupur is one of the recently Village Development Committee (VDC) turned Municipalities of Kavre. While everyone were affected by the earthquake, one of the most vulnerable groups in these situations are most definitely the senior citizens.

The situation is worse for senior citizens who were abandoned by their offspring. With old age, their ability to work and their source of income was taken away. The only source being their old age allowance which they have to spend with much caution because it is not enough for saving them in case of any emergencies. Their already distressful situation is further exacerbated by degrading vision triggered by Cataract and other health issues. The project 'Promoting Well Being of Destitute Senior Citizens of Mandan Deupur in Kavre', was initiated after conducting a feasibility study in ward number 10 and 11 of Mandan Deupur Municipality, Kavre. W

With the help of Walk for Nepal Dallas (WFN), the SAG phase -II was launched in Mandan Deupur Kavre on the 12th of January. The project provided ration (rice, lentil, oil, salt, washing soap and bathing soap) to earthquake affected, economically marginalized senior citizens. Additionally, the project also conducted an eye camp for the senior citizens living in the area. The 'Free Cataract Surgical Eye Camp' was conducted in Kuntabesi of Mandan Deupur Municipality from May8th to May 10th 2018.



2. Sponsor A Grandparent (SAG) Phase-II

Sponsor a Grandparent (SAG) is the primary activity of this project. It is a monthly ration distribution program which is conducted on the 25th of every Nepali month where the selected 10 destitute senior citizens are provided with free monthly basic staples (Food and Non Food Items) thereby reducing their burden of food security and financial stress. The grandparents were chosen after a detailed feasibility survey in the area keeping in mind the needs and conditions of the beneficiaries. The local authorities (Ward committee) were also consulted during the process of choosing the neediest grandparents for the support.

A total of 120 ration packages in 12 installments were distributed to 10 grandparents through the project. The SAG program supported 11 grandparents where one (Kanchhi Damini) was supported by an individual donor. The distribution of monthly supplies started from January 2018. The ration package included the following items.

SN	Support item	Quantity
1.	Rice	10 Kg
2.	Lentil (Daal)	3 Kg
3.	Cooking oil	2 Ltrs
4.	Salt	2 Pkts
5.	Washing soap (Separate for dishes and clothes)	5 bars
6.	Bathing Soap	1 bar



2.1 Community Orientation Program

The very first distribution of SAG ration was done in conjunction with the Community Orientation Program (COP) for the project. The primary aim of the COP was to inform the community about the project itself, its activities, objectives of the project and also get recommendations from the community. The COP and inauguration program was held in presence of Ward Chairperson, Ward level representatives, Women Social Workers, representatives from political parties (all parties), beneficiaries and volunteers.

The Community Orientation Program was held on 12th January, 2018 at the Red Cross Building in Mandan Deupur. During the program, additional planning was done in regards to future distribution. To minimize the cost, 1 volunteer was decided to be mobilized each month for the distribution and paid travel and communication allowance only. The vendor for buying necessary items was chosen within the village.

"I am really excited about the project pitched forward by Reaping Hope (RH) and Walk For Nepal-Dallas because I have never seen any organization providing this type of support. During my career, I have had the chance to participate in many programs conducted by organizations. Some helped children with studies, some helped in women empowerment, some helped people with disabilities but only a few speak of senior citizens. I really hope this program will continue to help needy grandparents for a long time".

– Bishnumani Nepal (Ward Chairperson)



2.2 Project Conclusion Ceremony

The Project Conclusion Ceremony was held on the 11th of January 2019 in the same Red Cross building in Mandan Deupur. The program was held to notify the stakeholders about end of the WFN-Dallas supported SAG program and also inform them on the sustainability of the SAG in Mandan Deupur. While the support from WFN-Dallas may have ended in December 2018, RH has been able to get together 5 more individual supporters (till the writing of this report) for the SAG program, making a total of 6 (out of 11) grandparents currently being supported by SAG.

Apart from the beneficiaries themselves, the attendees included ward committee members, local teachers and other relevant stakeholders. All of the speakers during the ceremony praised the initiation from WFN-Dallas and RH and showed concerns on continuity of the support for the selected grandparents. They also recommended adding more grandparents in the support in future provided the availability of supporters.

“After the disaster, many civil society organizations have come and gone for the past few years. Most of them provided support in building temporary houses, some helped with building permanent houses and some conducted awareness raising activities. But none of them provided continuous support like this one (SAG). I hope this program will be able to give lifetime support to these destitute senior citizens”.

– Geeta Nepal
(Ward Female Representative)



3. Free Cataract Surgical Eye Camp

During the feasibility study of the project, RH had conducted an extensive survey in Mandan Deupur MP to identify the problems that the elderly are facing in a day to day basis. One of the major issue that the elderly were facing was degrading eyesight and mostly cataract. It was also found out that most of the elderly were either too weak to travel to Kathmandu for cataract removal surgery; neglected by their caretakers since they were old or had no financial resources to get their cataracts removed. This led to a decision that RH should incorporate an eye camp with mobile cataract removal surgery in the project to benefit elders with cataract problem.

The Eye Camp was held from 8th to 10th May-2018 at a birthing center managed by an organization named Samaj Sewa Samuha, as the eye camp needed a concrete building with enough space and preferably a clean environment. A team of 8 doctors and technicians from Nepal Eye Hospital, 2 staffs from RH and 2 volunteers set out to Kunta Besi on 7th May 2018 for the camp and returned back to Kathmandu on 11th of May after releasing surgery patients from last day of camp. Additional 3 local volunteers were mobilized for the eye camp.

The eye camp management took a total of 5 days. The camp setup and sanitizing of the premises was done on the first day, the check-ups and surgeries were performed from second to fourth day and the patients discharge and conclusion ceremony was done on the fifth day. A total of 430 residents of Mandan Deupur were reached through the eye camp. Free medicines were distributed for those in need and 29 elderly got their cataract removed during the three days of eye camp.

Date	General Check Up	Cataract Surgery
8 th May 2018	191	6
9 th May 2018	141	10
10 th May 2018	98	13
TOTAL	430	29



4) Sustainability of the Project

The SAG program has been one of the best one RH has ever initiated. The program not only has helped the grandparents to survive but also helped them, in some cases, to reunite with their relatives who had previously abandoned them because they were not productive enough. When a senior citizen is neglected by their own children, it is rarely seen someone else taking care of them but due to the SAG program, the grandparents have at least found a safe place to stay with their relatives rather than being alone.

Although the project, in coordination with Walk for Nepal – Dallas, has ended from December 2018, RH will carry on with support from individual donors who will be linked to each of the grandparents and the individual sponsors will take the responsibility of funding grandparents every month for ration distribution. During the writing of this report, RH has successfully linked 6 individual sponsors with 6 grandparents for lifetime support. The remaining 5 grandparents will be supported with the remaining funds from the project (details in financial report) and additionally, RH is getting few donations from individuals for SAG Core Fund which will be used to support the grandparents without individual sponsors.

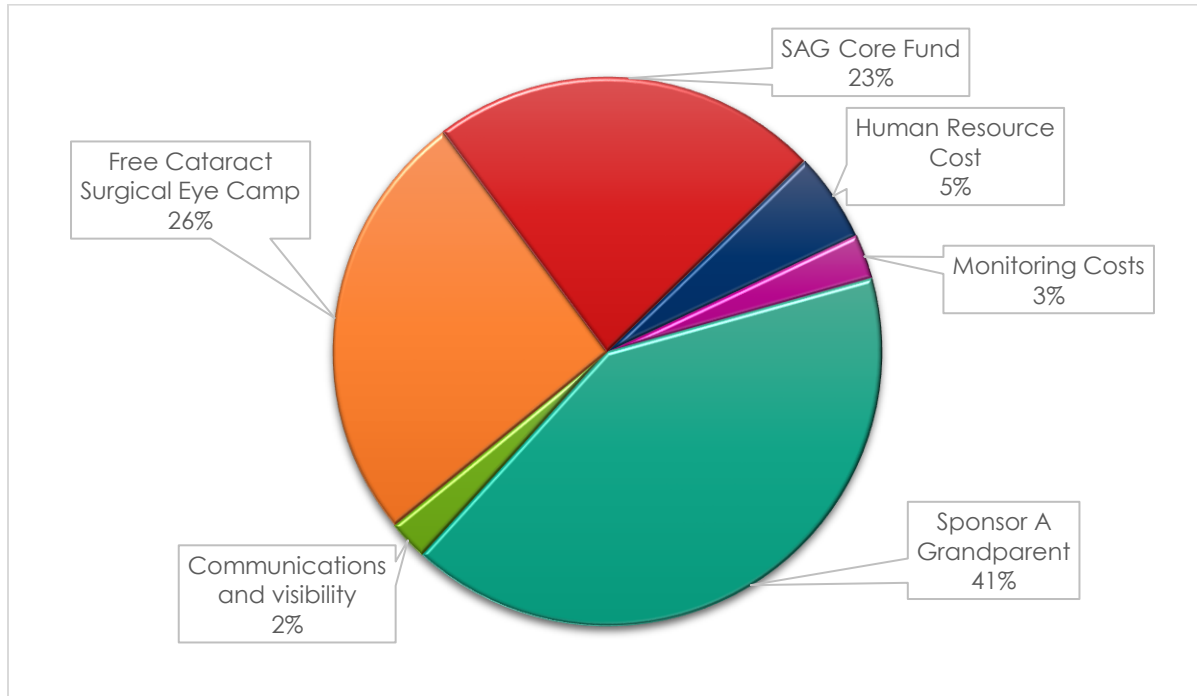
Sponsored	Not Sponsored
Kanchhi Damini	Panmati Majhi
Setimaya Tamang	Maili Tamangni
Harka Bahadur Tamang	Sukman Tamang
Man Bahadur Shrestha	Manmaya Nepal
Dupchhi Tamang	Dalbahadur Bhujel
Murali Kami	



5) Learning

- The biggest learning/finding of SAG is that the program has not only been able to put food in grandparents' plates but also in securing them a safe place to stay. Some of the abandoned grandparents are currently staying either with their married daughter or even with their neighbors since they have become 'Productive' after being incorporated in the SAG support program.
- Most of the grandparents are unable to come to the point of ration distribution because they cannot walk long distances. They usually send someone nearby their location to receive the support and the assigned receiver may be different every month for the same grandparents as well.
- According to the Team Leader of Eye Camp, a pre-screening visit (camp) before the actual surgical eye camp is beneficial to get a tentative number of cataract patients in the area. Although we said that the tentative number of cataract surgeries will be 75 in the proposal, we were only able to operate 29 patients. It was seen that although many patients had cataract and could be seen in their eyes, most of them were either in their initial stage, or had complications like high blood pressure and current use of medication which were unfavorable conditions for cataract surgery.

6. Condensed Financial Report



SN	Budget headings	Total Amount (NPR)
1	Human Resource Cost	36000
2	Monitoring Costs	18000
3	Sponsor A Grandparent	280690
4	Communications and visibility	16000
5	Free Cataract Surgical Eye Camp	175640
6	SAG Core Fund	157037
GRAND TOTAL		683367

	NPR
Proposed budget in proposal	514237
Funded from WFN Dallas	683364
Total Spent	526330
Remainder (SAG Core Fund)	157034

* Detailed Financial Report is in a separate pdf document.